

SERMON QUESTIONS



June 21, 2026

Series: Marked

Sermon: Your Personal Trainer

Matthew 11:1-30

1. Matthew 11 begins a new section of Matthew's gospel. What begins happening in earnest in Matthew 11?
2. Can you list the 3 characteristics concerning the people from Matthew 11:1-24 that Pastor Robert mentioned?
3. In what circumstances do you experience DOUBT? How does doubt cause weariness and a heavy load? Answer the same 2 questions concerning UNREPENTENCE and INDIFFERENCE.
4. Matthew 11:28-30 mentions a "yoke." What are the 2 yokes intended in this passage?
5. Pastor Robert mentioned 3 ways one receives rest, according to Jesus' call issued in Matthew 11:28-30. The first one is simply GO TO JESUS (accept the invitation Jesus extends of Matthew 11:28). What are the 3 elements he pointed out of Jesus' invitation in verse 28? Discuss them briefly.
6. Pastor Robert said the second way one receives rest is to SUBMIT TO THE RESPONSIBILITY JESUS COMMANDS. Then, from Matthew 11:29, he pointed out 2 commands. What are they? Discuss their significance.
7. Pastor Robert said the third way one receives rest is to EMBRACE JESUS' CHARACTER, which brings soul quenching benefit. There are 3 of these characteristics, along with the benefit they bring listed in Matthew 11:29-30 (1 in verse 29 and 2 in verse 30). What are they?
8. How does Jesus' "yoke," realizing it is effort, give us rest and relieve a heavy load?